



COMPREHENSIVE TREATMENT CLINIC *"A Safe Place for Healing"*

Chemical Dependency Intensive Outpatient Program
Alcohol, Drugs, Other Substances

Monday – Friday, 3–4 hours per day

- Individual Therapy
- Marriage and Family Therapy
- Group Therapy
- Stress Management
- Relapse Prevention
- Psycho-educational Classes
- 6 week program
- Excellent alternative to residential or inpatient treatment.

* Intensive Outpatient Programs are typically followed by regular outpatient treatment to help maintain therapeutic gains. This normally consists of individual and group therapy on a weekly basis. Outpatient Treatment is then followed by After Care. After Care consists of weekly group therapy for as long as the patient needs or desires it. There is no charge for After Care. This is part of our commitment to your sobriety.

Financing Available on Approved Credit
Insurance and Credit Cards Accepted

Dr. Matthew Hedelius, PsyD, LCSW
DIRECTOR

Dr. A. Todd Freestone, PsyD, LCSW
CLINICAL DIRECTOR

40 West Cache Valley Blvd. #10A
Logan, UT 84341
435.787.2272
www.comprehensivetx.com

COMPREHENSIVE TREATMENT CLINIC

"A Safe Place for Healing"

10 Day Intensive and Modified Intensive Outpatient Programs for Sexual Compulsivity

10 Day Intensive Program

- 8 hours per day
- Individual Therapy
- Group Therapy
- Family Therapy
- Stress Management
- Biofeedback Treatment
- Recreation Therapy
- Psychoeducational Seminars
- Sexual Addiction Detoxing

An excellent way to reduce acting out behaviors and begin the treatment process

Modified Intensive Outpatient Program

- 6 week program
- 3-4 hours per day
- Individual Therapy
- Group Therapy
- Family Therapy
- Stress Management
- Biofeedback Treatment
- Psychoeducational Classes

Local and out of state patients accepted. Housing options for intensive 10 day program include local motels and staying with loved ones near the treatment clinic. Fees do not include meals, travel, or housing.

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Problems Treated

- Internet Pornography Addictions
- Multiple Affairs
- Strip Clubs and Escort Services
- Phone Sex
- Most Other Compulsive Sexual Behaviors

Benefits of Intensive Treatment

- Enhance marriage and family relationships damaged due to sexual behavior
- Increase ability to stop sexually addictive behaviors that are escalating
- Reduce risk to professional and or family life that is being harmed by sexually addictive behaviors
- Stop other compulsive behaviors that are fused with sexual addictions
- Stop reliving trauma as a result of a sexually traumatic history